



## Chatterbox English School - Spring/Summer menu nursery

	1st week	2nd week	3rd week	4th week	5th week
<b>Monday</b>	Ravioli with tomato sauce Grilled pork Spinach in oil Bread Fruit	Vegetable soup with pasta Soft cheese like Crescenza Crispy Baked Potatoes Bread Fruit	Rice with fresh tomato sauce Chicken breast cream strips Spinach in oil Bread Fruit	Pasta with tomato sauce Grilled turkey Boiled carrots Bread Fruit	Ravioli with tomato sauce Ham Green beans in oil Bread Fruit
<b>Tuesday</b>	Saffron risotto Mozzarella Tomatoes Bread Fruit	Pasta with fresh tomato sauce Pork loaf Sautéed chard Bread Fruit	Pasta with fresh tomato sauce Breaded sea bass fillets Mixed salad Bread Fruit	Vegetable cream with pasta Omelette Sautéed zucchini Bread Fruit	Fregola with fresh tomato sauce Grilled pork Green salad Bread Fruit
<b>Wednesday</b>	Pasta with oil and parmesan Cod fillet fishballs Sautéed zucchini Bread Fruit	Rice with oil and parmesan Breaded plaice fillets Green salad Bread Fruit	Vegetable soup with pasta Beef meatballs with tomato sauce Potatoes in oil Bread Fruit	Egg pasta with tomato sauce Soft cheese like Crescenza Mixed salad Bread Fruit	Rice with zucchini Cod/hake fillet medallions Tomatoes Bread Fruit
<b>Thursday</b>	Vegetable soup with pasta Roasted chicken melt Fried potatoes Bread Fruit	Rice with zucchini Scrambled eggs Tomatoes Bread Fruit	Ravioli with tomato sauce Ham Green salad Bread Fruit	Risotto with fresh tomato sauce Breaded cod fillets Spinach in oil Bread Fruit	Risotto with fresh tomato sauce Ricotta Fillet carrots Bread Fruit
<b>Friday</b>	Pasta with delicate pesto Egg soufflé Mixed salad Bread Fruit	Cream/soup of legumes with pasta Ricotta Fillet carrots and cucumbers Bread Fruit	Pasta with fresh tomato sauce Dolce sardo Green beans in oil Bread Fruit	Cream/soup of legumes with pasta Grilled lamb Boiled zucchini Bread Fruit	Vegetable soup with pasta Grilled lamb Fried potatoes Bread Fruit

**N.B. THE FISH AND VEGETABLES CONTAINED IN THE SOUPS COULD BE FROZEN**

Chatterbox English School - Spring/Summer menu  
nursery

	6th week	7th week	8th week	9th week
<b>Monday</b>	Cream/soup of legumes with pasta Mozzarella Tomatoes Bread Fruit	Ravioli with tomato sauce Hake/cod fillets with lemon Fennel Bread Fruit	Vegetable soup with pasta Veal escalope with lemon Crispy Baked Potatoes Bread Fruit	Risotto with fresh tomato sauce Turkey breast with lemon Fillet carrots and cucumbers Bread Fruit
<b>Tuesday</b>	Vegetable soup with pasta Grilled turkey Crispy Baked Potatoes Bread Fruit	Rice with zucchini Hamburger Tomatoes Bread Fruit	Pasta with vegetable sauce Dolce Sardo Sautéed zucchini Bread Fruit	Vegetable cream/soup with pasta Ham Fillet carrots and cucumbers Bread Fruit
<b>Wednesday</b>	Pasta with delicate pesto Scrambled eggs Spinach in oil Bread Fruit	Egg pasta with tomato sauce Ricotta Green salad Bread Fruit	Fregola with fresh tomato sauce Roasted chicken melt Mixed salad Bread Fruit	Vegetable soup with pasta Grilled pork Mashed potatoes Bread Fruit
<b>Thursday</b>	Vegetable cream with pasta Beef meatloaf Green salad Bread Fruit	Vegetable soup with pasta Grilled turkey Potatoes in oil Bread Fruit	Pasta with fresh tomato sauce Egg soufflé Fillet carrots and cucumbers Bread Fruit	Pasta with oil and parmesan Soft cheese like Crescenza Sautéed chard Bread Fruit
<b>Friday</b>	Pasta with tomato sauce Breaded plaice fillets Sautéed zucchini Bread Fruit	Parmesan rice Ham Fillet carrots and cucumbers Bread Fruit	Vegetable cream with pasta Sea bass fillet medallions Tomatoes Bread Fruit	Risotto with tomato sauce Scrambled eggs Tomatoes Bread Fruit

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